

MAMMA DON'T DANCE

Song: Your Mamma Don't Dance (2 mins: 51 secs)

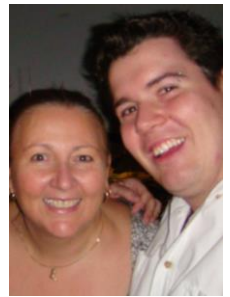
Artists: Kenny Loggins & Jim Messina

Album: Loggins & Messina (www.amazon.com) or track available on iTunes

Choreographers: Joshua Talbot & Cathryn Proudfoot; April 2010.

Dance: 48 count, 4 wall easy intermediate line dance, 32 count intro

Start dance on lyrics



BEATS

STEPS

1 - 8

1&2, 3&4

SHUFFLE FWD R, SHUFFLE FWD L, BOOGIE WALKS FWD

Shuffle fwd R: step R fwd, step L together with R, step L fwd

Shuffle fwd L: step L fwd, step R together with L, step L fwd

5, 6, 7, 8

Boogie Walks fwd: step R fwd twisting toe out & heel in,

Step L fwd twisting toe out & heel in

Step R fwd twisting toe out & heel in, step L fwd twisting toe out & heel in

(option: dip down and up as you boogie walk fwd)

9 - 16

1, 2, 3, 4

"DWIGHT" TWISTS, TRAVELLING TO RIGHT (keeping weight on L foot)

Touch R toe slightly to R side (twisting R knee in), hold for one beat,

Touch R heel slightly to R side (twisting R knee out), hold for on beat

5, 6, 7, 8

Touch R toe slightly to R side (twisting R knee in) at the same time swivel L heel to R

Touch R heel slightly to R side (twisting R knee out) at the same time swivel L toe to R

Touch R toe slightly to R side (twisting R knee in) at the same time swivel L heel to R

Touch R heel slightly to R side (twisting R knee out) at the same time swivel L toe to R

(option: bend arms at elbows and swing arms from side to side with palms facing floor)

17 - 24

1, 2, 3 & 4

R STOMP, R KICK, BEHIND SIDE CROSS, L STOMP, L KICK, BEHIND SIDE CROSS

Stomp R (keeping weight on L) clapping hands at the same time,

Kick R to slightly fwd & to R, clicking fingers on both hands at the same time out to side

Step R behind L, step L to side, step R over L

5, 6, 7 & 8

Stomp L (keeping weight on R) clapping hands at the same time,

Kick L to slightly fwd & to L, clicking fingers on both hands at the same time out to side

Step L behind R, step R to side, step L over R

(option: play "air guitar" as you go for the above 8 counts)

25 - 32

1, 2, 3 & 4

ROCK - REPLACE, ½ R SHUFFLE, ¼ R, L SIDE SHUFFLE, ROCK - REPLACE

Rock step R fwd, replace weight back onto L, turn ½ R to shuffle fwd R: step R fwd,

Step L together with R, step R fwd

5 & 6, 7, 8

Turn ¼ R to side shuffle L: step L to side, step R together with L, step L to side,

Rock step R back at an angle behind L, replace weight on L

33 - 40

1, 2, 3, 4

R SIDE STRUT, ROCK REPLACE, L SIDE STRUT, ROCK REPLACE

Touch R toe to R side, drop R heel taking weight on R,

Rock L back at an angle behind R, replace weight fwd to R

5, 6, 7, 8

Touch L toe to L side, drop L heel taking weight on L

Rock R back at an angle behind L, replace weight fwd to L

41 - 48

& 1, 2, 3, 4

OUT - OUT, HOLD, HIP BUMPS L, R, L 45, R HEEL FWD, TOUCH R TOE BACK

Little jump fwd R, little jump L to side, hold for one beat,

Bump hips to L, bump hips to R *(option: hip roll or double hip roll anti- clockwise)*

5, 6, 7, 8

Touch L heel fwd to 45°, step L together with R taking weight on L

Touch R heel fwd, touch R toe back *(option: dip to touch floor with R hand, on toe back)*

48 BEATS

RESTART DANCE No bridges, tags or restarts - have some fun with this one!! 😊

NOTE:

Other versions of this song are phrased differently to this particular track -

You may need to add restarts or tags if you choose NOT to use this particular version.

CONTACT

Joshua Talbot

0407 533 616

jbtalbot@iinet.com

Cathryn Proudfoot

0427 667 860

cathrynproudfoot@yahoo.com.au