

# Cowboy Break My Heart

**Choreographer:** Joshua Talbot May2025  
**Music:** Cowboy Break My Heart – Tanner Adell  
**Level:** **High Improver:** 3 Wall  
**Counts:** 32 Counts **Extras:** 2 Tags  
**Intro:** 32 counts – Start on the word 'ONE'  
Sequence: W1, T1, W2, W3, T2, W4, T1, W5, W6, T2, T2, W7-LAST WALL

## Section 1: STEP, LOCK, STEP & ½, STEP, LOCK, STEP & ¼

**1, 2, 3** Step R fwd, lock L behind, step R fwd,  
**&4** Step L together, ½ R step R slightly fwd (6.00)  
**5, 6, 7** Step L fwd, lock R behind, step L fwd  
**&8** Step R together. ¼ L step L slight to L side (3.00)

*Styling: Lead with you R/L shoulders on the lock steps, your body will open to diagonal, rather than keeping your whole body straight)*

## Section 2: CROSS WEAVE, SAILOR, CROSS, ¼ BACK, SHUFFLE FWD

**1, 2** Cross R over L, step L to L  
**3&4** Step R behind L, step L to L, step R to R  
**5, 6** Cross L over R, ¼ L step R back (12.00)  
**7&8** Step L fwd, step R together, step L fwd

## Section 3: STOMP, HOLD, TOGETHER, FWD, TOGETHER, ¼ JAZZ BOX

**1, 2** Big stomp R fwd, HOLD  
**&3, 4** Step L together, step R fwd, step L together  
**5, 6** Cross R in front of L, ¼ L step L back (3.00)  
**7, 8** Step R to R, step L together/cross

## Section 4: V STEP, PIVOT ½, PIVOT ½

**1, 2** Step R to R diagonal, step L to L diagonal  
**3, 4** Step R back to centre, step L back to L centre  
**5, 6** Step R fwd, ½ L on ball of R taking weight L  
**7, 8** Step R fwd, ½ L on ball of R taking weight L

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## Tag 1/Slow Tag (3 o'clock wall) end of wall 1 & 4

### STOMP, HOLD, CROSS WEAVE, BACK SWEEP, WEAVE BEHIND, CROSS CURTSY TOUCH x2

**1, 2** Stomp R fwd/slightly crossed over L, HOLD  
**3, 4, 5, 6** Step L over R, step R to R, step L back, Sweep R back  
**7, 8** Step R behind L, step L to L  
**1, 2, 3, 4** Step R over L, curtsy touch L behind R, step L back centre, step R centre  
**5, 6, 7, 8** Step L over R, curtsy touch R behind L, step R back centre, step L centre

## Tag 2/Quick Tag (9 o'clock wall) end of all 3 & 6.

**At the end of wall 6 this tag is done twice.**

### HEEL, HEEL, TOE, HEEL, PIVOT ½, PADDLE ¼, HEEL, HEEL, TOE, HEEL, ROCKING CHAIR

**1&2&** Touch R heel fwd, step R together, touch L heel fwd, step L fwd  
**3&4&** Touch R toe behind L, step R back, touch L heel fwd, step L together  
**5, 6** Step R fwd, ½ L on ball of R taking weight L  
**7, 8** Step R fwd, ¼ L on ball of R foot taking weight L  
**1&2&** Touch R heel fwd, step R together, touch L heel fwd, step L fwd  
**3&4&** Touch R toe behind L, step R back, touch L heel fwd, step L together  
**5, 6, 7, 8** Rock R fwd, recover weight L, rock R back, recover weight L

**Finish: Pivot to front wall stomp 3 times**

